

DEPARTMENT 115
4-H AND FFA FOODS AND NUTRITION
SECTION A
BAKED GOODS

- Baked products must be completely baked to qualify for entry.
- Each item must have been prepared by a 4-H or FFA member who is enrolled in a foods and nutrition project. Entries should be a requirement of the member's 4-H project.
- **All entries must be submitted on a Styrofoam or sturdy paper plate inside a plastic bag.** Please be sure to use plates that are adequate for the weight of your baked goods, we cannot be responsible for accidents due to flimsy plating. **NO GLASS PLATES/DISHES WILL BE ACCEPTED.**
- No products (pies, cakes or cookies) with egg based fillings; cream fillings (including pumpkin or cream cheese) will be accepted or judged.
- After judging, a portion of each baked goods entry will remain for display. The remaining portion of the entry will be sold to benefit the Westmoreland County 4-H program.
- When using disposable aluminum pans, bake pies on a cookie sheet so that the bottom of the pie bakes.

		1 ST	2 ND	3 RD	4 TH	5 TH
	PREMIUMS	\$4.00	\$3.00	\$2.50	\$2.00	\$1.50
CLASS	DESCRIPTIONS					
	Cakes – not iced, one layer – NO BOXED CAKES					
1.	Chocolate					
2.	Spice					
3.	White					
4.	Yellow					
5.	Angel Food (entry should be baked in a tube pan)					



Wilton Enterprises is pleased to sponsor the “Best of Class” in the Decorated Cake class. The winner may choose one of the following book awards: “CELEBRATE! WITH FONDANT”, “Cookie Exchange” or “Punch,Cut.Decorate”. Wilton will also award one current “Wilton Yearbook of Cake Decorating” for each 1st place winner in all cake decorating categories.

	Decorated Cake: A cake form may be used. Cake must be entered on a study base. Base should be no larger than 10 inches in diameter, 10-inch square or 10X14 inch rectangle. NO GLASS OR PLASTIC BASES. Cakes will be judged on originality, color coordination and general appearance.
6.	Unit 1 (Use of writing tip and star tip)
7.	Unit 2 (Using borders)
8.	Unit 3 (Formed Flowers)
9.	Unit 4 (Decorating with Fondant)
10.	Unit 5 (Cakes with a Theme)

	Candy (6 pieces)	\$3.00	\$2.50	\$2.00	\$1.50	\$1.00
11.	Fudge					
12.	Fudge-Light					
13.	Peanut Brittle					
14.	Penuche					
	Microwave Connection					
15.	Peanut Brittle (4)					
16.	Peanut Butter Krispies (4)					
17.	Fudge (4 pieces)					
18.	Cup Cakes (4)					
19.	Brownies or Bar Cookies (4)					
	Bar Cookies (6)					
20.	Brownies					
21.	Granola Bars (unfrosted)					
22.	Miscellaneous Bar Cookies					
	Dropped Cookies (6)	\$2.50	\$2.00	\$1.50	\$1.25	\$1.00
24.	Chocolate Chip					
25.	Peanut Butter					
26.	Miscellaneous Dropped Cookies					
27.	Filled Cookies					
28.	Pressed Cookies (use cookie press)					
29.	Rolled Cookies					
30.	Sliced Cookies					
31.	Specialty Cookies					
	No Bake Cookies (6)					
32.	Peanut Butter Kisses					
33.	Other					
	Pies and Tarts (any variety): No glass or metal pie pans. No egg-based, cream, custard or pumpkin fillings nor meringue will be accepted or judged.	\$5.00	\$4.50	\$3.50	\$2.50	\$1.50
34.	Tarts or Turnovers (4)					
35.	Two crust pie (any variety)					
36.	One crust pie (any variety)					
	Quick Breads					
38.	Blueberry Muffins (4)					
39.	Biscuits (4)					
40.	Coffee cake or rolls (4)					
41.	Bran muffin (4 – no topping)					
42.	Miscellaneous muffin (4)					
43.	Plain Muffin (4 - no topping)					
44.	Nut bread or fruit bread (1 loaf)					
45.	Gingerbread (4 – 2” squares)					
46.	Cornbread (4 – 2” squares)					
47.	Quick Bread (1 loaf – any type)					
	Yeast Bread and Rolls (No fork pricks)					
48.	White (1 loaf)					
49.	White rolls (4)					
50.	Whole wheat bread (1 loaf)					
51.	Whole wheat rolls (4)					
52.	Cinnamon rolls (4)					

53.	Bread Sticks (4)					
54.	Hamburger Buns (4)					
55.	One ring specialty bread					
56.	Pretzels (4)					
57.	Bread machine Loaf (1)					
58.	Breads From Around the World: A loaf or round bread from another country or culture outside US (Include recipe)					
59.	Breads From Around the World (4): A plate of tortillas, pretzels, pocket bread, etc. from another country (Include recipe)					
	Make it With Mixes	\$2.50	\$2.00	\$1.50	\$1.25	\$1.00
60.	Three plain (such as cookies or muffins) or one large item (such as a cake)					
61.	Three plain (such as cookies or muffins) or one large item (such as a cake) that is a variation of the mix or made with commercial mix without gluten, fat, or another ingredient					
	Miscellaneous					
65.	Trail Mix (1 cup)					
66.	Popcorn Snack (3 balls)					
68.	Roasted peanuts (1/2 cup)					
69.	Global Gourmet: A dessert cake or bread from another country/culture (indicate country or culture)					
70.	Homemade noodles (1 quart)					
71.	Homemade pasta (uncooked)					
72.	Homemade soap					
73.	Gingerbread House. Base must be sturdy materials and not to exceed 140 square inches.	\$4.00	\$3.00	\$2.50	\$2.00	\$1.50



Presented by:

In recognition of youth who excel in the art of fresh preserving (canning), Jarden Home Brands marketers of the Ball® and Kerr® Fresh Preserving Products will present First Place Awards in designated categories. A panel of judges will select the best entry in each category for Fruit, Vegetable, Pickle, and Soft Spread. Entries must be preserved in Ball® Jars sealed with Ball® Lids and Bands or Ball® Collection Elite® Jars sealed with Collection Elite® Lids and Bands, or preserved in Kerr® Jars sealed with Kerr® Lids and Bands. In addition, soft spread entries must be prepared using Ball® Pectin: Classic, Low or No-Sugar Needed or Liquid. The best entry from each category will receive:

- One (1) Five-Dollar (\$5) Coupon for Ball® or Kerr® Fresh Preserving Products and one (1) Free (up to \$4 value) Coupon for Ball® Pectin.

**DEPARTMENT 115
SECTION B
CANNED GOODS – JAMS & JELLIES**

- Canned products – fruits, vegetables, jams, jellies, vinegars, etc., will be judged on general appearance, wholesomeness and quality of food, flavor, when appropriate, uniformity of food size and color, adequate head space, food arrangement and clearness of liquid.
- Products must be canned in standard canning jars (No one trip commercial pack jars) and be uniform, clear glass, with a two piece lid and ring and suitably labeled.
- **The judges will follow the food safety standards set by Penn State College of Agriculture Sciences and the United States Department of Agriculture.**
- Displays should be in uniform size jars.
- The judge reserves the right to open any jar.

	PREMIUMS	1ST	2ND	3RD	4TH	5TH
CLASS	DESCRIPTIONS	\$3.00	\$2.50	\$2.00	\$1.50	\$1.00
	Canned Fruit, Single					
1.	Peaches					
2.	Applesauce					
6.	Canned Fruit Display (3 specimens)	\$6.00	\$5.00	\$4.00	\$3.00	\$2.00
	Canned Vegetables, Single	\$3.00	\$2.50	\$2.00	\$1.50	\$1.00
10.	Carrots					
11.	Corn					
14.	String Beans					
15.	Tomatoes					
16.	Canned Vegetables Display (3 specimens)	\$6.00	\$5.00	\$4.00	\$3.00	\$2.00
	Jams, Single Entry	\$3.00	\$2.50	\$2.00	\$1.50	\$1.00
21.	Peach					
22.	Other					
23.	Apple Butter					
	Jellies, Single Entry					
25.	Apple					
26.	Grape					
27.	Berry					
28.	Jellies, Jams & Preserves Display(3 specimens)	\$5.00	\$4.50	\$3.50	\$2.50	\$1.50
	Pickles and Relish	\$3.00	\$2.50	\$2.00	\$1.50	\$1.00
29.	Sweet Pickle Relish					
30.	Dill Pickles					
31.	Sweet Pickles					
32.	Salsa					
33.	Pickled Beets					
	Dried Products					
34.	Apples					
35.	Bananas					
36.	Fruit Leather (3 pieces)					
37.	Mixed Dried Fruit (1 cup)					
38.	Peaches					
39.	Herbs (1 pt.)					
40.	Cherries					
41.	Flavored Vinegar. One pint jar, sealed with two piece lid and processed					

**DEPARTMENT 115
SECTION C
NUTRITION POSTERS**

- Posters should not exceed 18" X 24" in size.
- Posters should be flat – no 3 dimensional posters.
- Posters should consist of stationary material – no real food.
- Identification tags should be taped or stapled onto the poster – no paper clips.

		1 ST	2 ND	3 RD	4 TH	5 TH
	PREMIUMS	\$3.50	\$3.00	\$2.50	\$2.00	\$1.50
CLASS	DESCRIPTIONS					
	Poster on one aspect of food pyramid					
1.	8-11 years					
2.	12-19 years					
	Poster on one aspect of kitchen or food safety					
3.	8-11 years					
4.	12-19 years					
	Poster on table setting or table manners					
5.	8-11 years					
6.	12-19 years					
	Poster on one aspect of fitness					
8.	8-11 years					
9.	12-14 years					
10.	15-19 years					
	Poster showing one of the food experiments					
13.	8-11 years					
14.	12-19 years					
	Poster on measuring, label reading, food terms or kitchen equipment					
15.	8-11 years					
16.	12-19 years					
	Poster showing amount of fat and/or sugar in common foods					
17.	8-11 years					
18.	12-19 years					
	Poster on food labeling					
21.	8-11 years					
22.	12-19 years					
	Poster on a Food Career					
25.	8-19 years					
	Poster on getting a meal together (meal planning)					
26.	8 – 11 years					
27.	12 – 19 years					
	Poster showing a party plan centered around a theme (include information about the menu, decorations, invitations, etc.)					
28.	8-19 years					
	Poster showing international or cultural foods					
29.	8-19 years					
	Poster on microwave safety or a microwave food preparation technique					
30.	8-11 years					
31.	12-19 years					